

# Seminar on Emergency Rescue (Cave Rescue) Capacity Building for Developing Countries

Full Name	Seminar on Emergency Rescue (Cave Rescue) Capacity Building for Developing Countries		
Organizer	Chinese Red Cross National Training Center		
Holding Time	June 28 <sup>th</sup> to July 18 <sup>th</sup> , 2023	Language	English
Invited Participants	Government officials of disaster management, rescue, firefighting and police departments, representatives of Red Cross Societies, delegates of rescue agencies, etc.		
Planned Number of Participants	30		
About the Participants	Age	Under 50 years old for participants at director-general's level; under 45 years old for participants at or under division director's level.	
	Physical Health	In good health with health certificates or medical examination forms issued by local public hospitals; without diseases prohibited from entry by China's laws and regulations; without severe chronic diseases such as serious high blood pressure, cardiovascular and cerebrovascular diseases and diabetes; without mental illnesses or infectious diseases that may pose serious threats to public health; not during the postoperative recovery period after a major operation or during the outbreak period of acute diseases; without severe physical disability; non-pregnant.	
	Language Ability	Fluency in listening, speaking, reading and writing in English	
	Others	Participants who come to China for training are not allowed to bring spouses or relatives.	
Host City	Beijing City	Local Temperature	Summer: 22°C-31°C
Cities to Visit	Nanning City & Baise City, Guangxi Zhuang Autonomous Region	Local Temperature	Nanning City: 26°C-34°C Qingdao City: 27°C-34°C
Notes	1. Please prepare valid passport and visa in advance; 2. The Seminar will organize participants to make country reports and communicate on the theme of the Seminar. Please make preparations in advance; 3. Please inform the contact person of the latest flight time if your flight cannot depart on time or is delayed during transfer, so as to arrange reception; 4. In principle, an individual is not allowed to change his/her international flight ticket. If necessary, please communicate with the Economic and Commercial Counselor to reissue a ticket according to the related procedures. If you change your ticket without consent, the costs and responsibilities shall be borne by yourself; 5. Please confirm whether you need to recheck baggage when transferring. The contact person will pick you up with a pick-up plate (the organization name will be on it) at the international arrival exit (or domestic arrival exit). Please claim your baggage and wait for pickup. If you wait		

	for more than 15 minutes, please call the contact person immediately; 6. In case of lost baggage to be registered with the airline, please first communicate with the contact person to confirm baggage delivery address before filling the registration form; 7. Please pay attention to the local weather conditions and carry appropriate clothing. For visiting activities, casual shoes are necessary. Please dress formally or wear your national costumes for formal events of the Seminar; 8. Please bring necessary common medicines.	
Contact of the Organizer	Project or Pick-up Contact	ZHOU Nan/MA Qinghui
	Office Phone	0086-10-65267805
	Cell Phone	0086-18518530496 (ZHOU)
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About the Organizer	<p>Chinese Red Cross National Training Center (“Training Center”) was established on June 14, 1983. For more than 20 years, Training Center abides by the fundamental principles of the International Red Cross and Red Crescent Movement, and upholds the spirit of the Red Cross Society—“humanitarian, fraternity and dedication”. It has experienced three development stages, namely “hotel management”, “hotel management and first-aid training” and “hotel management, first-aid training and major public welfare program implementation”. Training Center has given full play to its unique role and influence in terms of first-aid training, Red Cross staff training, health and safety education training, foreign aid etc. as a nationwide training institution of the Red Cross system. Also, it has formed a development pattern led by program management, while based on first-aid training and hotel management.</p> <p>Main business: In terms of training development: first, the Red Cross first-aid training, with an aim to promote to people’s capacity related knowledge and skills in disaster prevention and reduction, emergency shelter, self and mutual medical aid; second, Red Cross staff training, intended to organize knowledge and skills training targeting at grassroots staff; third, international training, inviting Red Cross personnel of the developing countries to China and enable them to have a comprehensive understanding of our current works, sharing our success experience, and meanwhile organizing RC staff to study abroad, so as to learn management mode and developing experience of public organizations in developed countries. In terms of program management: core programs funded by the Red Cross Society of China, IFRC, ICRC, and NSs (including Integrated Community Resilience, First-aid, Emergency Rescue programs); Red Cross life, health and safety education programs funded by the Ministry of Finance; reproductive health projects and other humane management and public welfare program implementation works supported by the United Nations Population Fund.</p>	

<p>Seminar/ Training Course Content</p>	<p><b>1.Main Training Contents</b></p> <p>(1) China’s national conditions: the overall introduction of China’s political system, history, society.</p> <p>(2) “Belt and Road” initiative: main contents, values, and practice of “Belt and Road” initiative.</p> <p>(3) The disaster management system of the Chinese government: introduce natural disasters in China, construction of a legal framework, institutions and mechanisms related to disaster reduction, public participation in disaster reduction, and international cooperation in disaster prevention and reduction.</p> <p>(4) Disaster management of RCSC: introduce the positioning and strategy of disaster management, disaster response system and components, and disaster relief resource preparation of RCSC.</p> <p>(5) RCSC’s International humanitarian assistance of RCSC: share mechanisms and relief practices of international humanitarian assistance work of RCSC against COVID-19 &amp; other emergency events.</p> <p>(6) Basic theory of cave search and rescue: introduce the basic theory of cave rescue, rescue equipment and personal protection, etc.</p> <p>(7) Cave rescue – SRT (Single Rope Techniques): Explain descending, ascending &amp; traversing using SRT, share practical scenarios of relevant technologies and organize technical simulations.</p> <p>(8) Cave rescue – Basic rope rescue system setting up: Explain basic rope rescue system setting up techniques using rope rescue equipment, share relevant cases for discussion and organize technical simulations.</p> <p>(9) Cave rescue –Moving with rope in natural cave: Explain moving techniques with ropes in cave, share relevant cases and conduct simulation observation.</p> <p>(10) Cave rescue – Navigating &amp; traversing techniques in super large cave: explain Navigating &amp; traversing techniques in super large cave, share relevant cases for discussion and conduct simulation observation.</p> <p>(11) First aid knowledge and skills: lectures and demonstration of first aid knowledge and skills, including basic knowledge on cardiopulmonary resuscitation (CPR), CPR procedures and skills, how to use automatic external defibrillator (AED), causes, determination, symptoms, first aid skills of airway foreign body obstruction (AFBO), first aid for trauma, etc.</p> <p><b>2. Discussion and Exchange</b></p> <p>(1) Participants exchange their thoughts on cave search and rescue work with related experts from RCSC.</p> <p>(2) Participants discuss the current challenges and related cases of cave search and rescue work in their own countries.</p> <p>(3) Participants share &amp; exchange the history, culture and national conditions of their own country with each other.</p> <p><b>3. Field Visit</b></p> <p>(1) During the stay in Beijing, all the participants will be organized to visit the Disaster</p>
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Preparedness and Relief Center of the Red Cross Society of China, the 999 First Aid Center of the RCSC Beijing Branch, the Life Safety Experiencing Classroom of RCSC, the China Fire Museum, the National Earthquake Emergency Rescue Training Base, etc.

(2) During the stay in Guangxi Zhuang Autonomous Region, all the participants will be organized to visit the Disaster Preparedness and Relief Center of RCSC Nanning Branch, Baise Red Cross Search and Rescue Training Base, etc.

#### **4. Cultural Experience**

(1) Chinese cultural life experience: Chinese learning, brush calligraphy practicing and dumpling making.

(2) Chinese history, culture and social life experience: Through the tour of the Forbidden City, the Great Wall, the Summer Palace, Qianmen and other historical and cultural sites, and the experience of the Xiushui, Hongqiao market and other commodity markets, to understand the heritage of Chinese culture, local customs, experience the real life of ordinary Chinese people.

#### **5. Team Building Activities**

(1) Ice-breaking: participants will be invited to carry out fun team building activities to get familiar with each other.

(2) Seminar instruction: main objectives, detailed arrangements and other information of the seminar will be introduced to the participants to help them know more about the seminar. Meanwhile, training needs and questionnaires will be collected.

(3) Summing-up meeting: comments & suggestions will be highly appreciated and collected from the participants in the end of the seminar.

#### **6. Introduction of seminar lecturers**

(1) Sun Jingying, Ph.D: Senior Researcher, Institute of World Economics and Politics, Chinese Academy of Social Sciences.

(2) Zhang Peng: National Disaster Reduction Center, Ministry of Emergency Management, who introduces the disaster management of the Chinese government.

(3) Han Ziqiang, Ph.D: Professor of Political Science and Public Administration School, Shandong University, Executive Director of Risk Management and Emergency Management Research Center.

(4) Hai Liman: Head of International Cooperation Division, External Liaison Department of RCSC HQ, in charge of work related to international cooperation and exchange, international humanitarian aid, etc.

(5) Cai Wennan: Head of Disaster Management Division of Health and Relief Dept., RCSC HQ, in charge of the system building, policy and strategy formulation, and overall management of disaster management of RCSC.

(6) He Zhenpeng: Deputy Director of Health and Relief Dept. RCSC Guangxi Zhuang Autonomous Region Branch. Deputy Director of Guangxi Red Cross ERT, who had organized and participated the ASEAN Red Cross Emergency Rescue Simulation and activated in all kinds of disaster rescue actions, like Lushan earthquake rescue action in Sichuan province, Ludian earthquake rescue action in Yunnan province, Typhoon Rammasun rescue and two humanitarian

rescue actions in Sri Lanka.

(7) Liang Guang: Seasoned rope rescue trainer of Guangxi Red Cross ERT and Fire Rescue Detachment of Baise City in Guangxi.

(8) Li Yuzhu: First aid trainer of the Chinese Red Cross National Training Center, who has participated in edition of all RCSC first aid manuals, and engaged in first aid education for more than 20 years.

(9) Sun Suping: First aid trainer of the Chinese Red Cross National Training Center, who has participated in first aid education for more than 20 years.

(10) Kang Lina: First aid trainer of the Chinese Red Cross National Training Center, who engaged in first aid education for over 20 years and trained a large number of Red Cross first aiders for primary and secondary schools, colleges and universities, state organs, enterprises and institutions.

**7. Preparation by Participants:**

To facilitate communication with invited experts, participants are requested to prepare for materials related to the theme in advance, such as:

- (1) Basic information, challenges and cases of their country's emergency search and rescue, cave rescue;
- (2) Exchange materials on the subject of their country's culture & national conditions.